

## **1. CONCUSSION CODE OF CONDUCT**

1. Under Rowan's Law, HNO will ask you to confirm that you have reviewed one of the Concussion Awareness Resources in this website [www.Ontario.ca/concussions](http://www.Ontario.ca/concussions) before you can register/participate in a sport.

## **2. IN RECOGNITION OF THE POTENTIAL SERIOUSNESS OF A CONCUSSION**

Parents, Guardians, Players, Coaches, Trainers and On-Ice Officials are required to:

- 2.1 Give commitment to fair play and respect for all.
- 2.2 Give commitment to recognizing a concussion or possible concussion and the reporting to a designated person when an individual suspect that another individual may have sustained a concussion.
- 2.3 Give commitment to supporting the Return to Play Protocol.
- 2.4 Give commitment to sharing any pertinent information regarding incidents of a removal from sport with the Player's school and other sport organization with which the player has registered.
- 2.5 Commit to zero-tolerance for prohibited play that is considered high-risk for causing concussions.
- 2.6 Be familiar with rules and regulations for prohibited play that is considered high-risk for causing concussions.
- 2.7 Acknowledgment of escalating consequences for those who repeatedly violate the concussion code of conduct.
- 2.8 Give commitment to providing opportunities before and after each training, practice and competition to enable participants to discuss potential issues related to concussions.
- 2.9 Annually review concussion education and resource materials that are provided, below.
- 2.10 Sign off on the Review of the Concussion Awareness Resource receipt. <https://files.ontario.ca/rowans-law-receipt-en-2019-05-08.docx> annually.
- 2.11 Support a zero tolerance for behaviours that are associated for high risk of causing concussions.
- 2.12 Respond appropriately with Return to Play protocols if a participant is experiencing concussion related symptoms or if you suspect any participant has sustained a concussion.
- 2.13 Respect the roles and responsibilities of all coaches and officials in Return to Play protocol.
- 2.14 Maintain an open dialogue with all athletes and participants (and parents/guardians in cases of minors) about their health and any signs and symptoms of concussion they may experience.
- 2.15 Complete Injury Report Forms in a timely manner and ensure they are submitted to the Member.

### 3. Concussion awareness resources

<https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>

#### 4. Concussion awareness resources will be available in the following three formats:

- e-booklet
- video
- e-module

4.1 Under *Rowan's Law*, if your sport organization has requested it, you will need to review **one** format each year. All three formats contain similar information. Choose the format that suits your learning style. **Currently, only the e-booklet is available for your review.**

#### 5. Government of Ontario Concussion Awareness Resource E-Booklet

5.1 This e-booklet will help you learn more about concussions so you can keep yourself and others active and safe — whether you're an athlete, student, parent, coach, official or educator.

5.2 You can download and print a copy for reference.

- [Ages 10 and Under](#)
- [Ages 11-14](#)
- [Ages 15 and Up](#)

Approved by the Board of Directors February 11, 2023

New Policy: Effective February 11, 2023

Reviewed: Annually