Preamble

As a member of Hockey Canada, Hockey Northwestern Ontario (HNO) follows Hockey Canada's Anti-Doping and Doping Control program as described below.

Canadian Anti-Doping Program (CADP)

As a member of Hockey Canada, the Canadian Anti-Doping Program (CADP) applies to you.

It is important to know that by participating in activities sanctioned by Hockey Canada, you are subject to the CADP and, accordingly, may be selected for doping control.

The Canadian Centre for Ethics in Sport (CCES) is the custodian of the Canadian Anti-Doping Program, which governs anti-doping in Canada. The CADP consists of several components, such as in- and out-of-competition testing, education, medical exemptions and the consequences of doping violations. The CADP is compliant with the World Anti-Doping Code and all international standards.

Hockey Canada has adopted the CADP, which means that you can be confident that you are part of a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field.

While the CCES administers anti-doping for the Canadian sport community, you may also be subject to the rules of the International Ice Hockey Federation. <u>CLICK HERE</u> to learn more about IIHF anti-doping policies and procedures.

The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

Doping Control

- Review the sample collection procedures.
- Know your anti-doping rights and responsibilities.
- Always <u>comply with a testing request</u> if you are notified for doping control.

Prohibited Substances & Methods

- Check all <u>medications and products</u> before taking them to ensure they do not contain ingredients that are banned in sport.
- Verify your <u>medical exemption requirements</u>.
- Learn about the doping risks associated with supplement use and how to minimize them.

News

- Sign up to receive CCES media releases and advisory notes
- Follow the CCES on <u>Facebook</u> and <u>Twitter</u>.

Report Doping

• Call 1-800-710-CCES or fill in the online form .

Additional Resources and Information

- Read more about the Canadian Anti-Doping Program.
- The World Anti-Doping Agency works towards a vision of a world where all athletes compete in a doping-free sporting environment.
- Become a member of the <u>True Sport Movement</u>, based on the simple idea that good sport can make a great difference.

Contact

Email: info@cces.ca

Effective Date: Feb. 11, 2023

• Call: 1-800-672-7775

• Online: cces.ca/athletezone

Canadian Anti-Doping Program (CADP) (hockeycanada.ca)

Endorsed by Board of Directors: February 11, 2023

New Policy: Effective February 11, 2023

Reviewed: Updated when Hockey Canada updated policy