

The following are minimum suspensions that shall be imposed for infractions, which occur in all Branch exhibition, league, play-off and tournament games.

Additional suspensions can be imposed wherever conditions and circumstance warrant. These suspensions are in addition to game incurred.

It is the responsibility of each Team Manager and/or Coach to ensure their players/Team Officials sit out their appropriate suspensions. When in doubt as to the relevant suspension, contact your respective League or Association.

If you are unable to contact your respective League or Association, sit player(s)/Team Official(s) in question out until clarification can be obtained.

Match Penalty Reports shall be forwarded to the Branch Office for possible further review.

Gross Misconducts **11.4**: Any penalty for a discriminatory or racial slur must be sent to the Branch Office and will be tracked yearly. And may be subject to further review.

The Suspension List has been designed to be the minimum suspensions to be levied for first time occurrence during the hockey season. To reduce the possibility of having excessive punishments being levied, please do not make these suspensions more severe as part of normal operations.

However, when dealing with repeat offenders, the Suspension List includes sections for accumulations of infractions for players and sanctions against coaches. The accumulations are in addition to the suspension for the infraction. These accumulations are taken directly from Hockey Canada's Supplement Discipline for minor and female hockey.

Last 10 Minute column refers to a Game Misconduct in the last ten minutes of third period or overtime. This carries an automatic one game under rule 4.8 (c) which has been accounted for in this column,

Reporting:

It is the responsibility of the Tournament Organizer and or the Minor Hockey Association to forward trackable Penalties and Accumulation Sanctions to the HNO Executive Director within 48 Hours of the game in which the Trackable penalty and or Accumulation sanction has occurred.

All incident reports to be conducted via the online incident reporting form and submitted to the HNO Director of Officiating within 24 hours of the incident.

Minors & Game Misconduct Situations

PENALTY	INFRACTION	H.C. Rule	MIN SUSP	Last 10 Min
Game Misconduct	Second misconduct within the same game	4.7 (c)	1 Game	2 Games
Game Misconduct	Last ten (10) minutes of regular time or overtime	4.8 (c)	1 Game	
Game Misconduct	Team Official interference/distraction during penalty shot	4.11 (c)	1 Game	2 Games
Minor + Game Misc.	Interference from the bench	8.4 (a)	1 Game	2 Games
Minor + Game Misc.	Checking from Behind	7.5 (a)	0 Games	1 Game
Game Misc.	Unsportsmanlike Conduct	11.1	1 Game	2 Games
Game Misconduct	Disrespectful, Abusive, and Harassing Behavior	11.2	2 Games	3 Games
ACCUMULATION SANCTIONS				
Player /Team /Staff	In addition to the minimum suspension, any player who receives two game misconducts under rule 11.1 in a season		2 Games	
Player /Team /Staff	In addition to the minimum suspension, any player who receives three game misconducts under rule 11.1 in a season		Indefinite suspension pending a hearing	
Player /Team /Staff	Any coach who receives two game misconducts under rule 11.2 in a season		4 Games	
Player /Team /Staff	Any coach who receives three game misconducts under rule 11.2 in a season		Indefinite suspension pending a hearing	

Major Penalty Situations

PENALTY	INFRACTION	H.C. Rule	MIN SUSP	Last 10 Min
Major + Game Misc.	Hair pulling, grab facemask, helmet or chin strap	7.1 (c)	1 Game	2 Games
Major + Game Misc.	Boarding/body checking	7.2 (b) & 7.3 (b)	1 Game	2 Games
Major + Game Misc.	Charging	7.4 (b)	1 Game	2 Games
Major + Game Misc.	Checking from behind	7.5 (b)	2 Games	3 Games
Major + Game Misc.	Head Contact	7.6 (b)	2 Games	3 Games
Major + Game Misc.	Kneeing	7.8 (b)	1 Game	2 Games
Major + Game Misc.	Roughing	7.9 (b)	1 Game	2 Games
Major + Game Misc.	Holding	8.1 (b)	1 Game	2 Games
Major + Game Misc.	Hooking	8.2 (b)	1 Game	2 Games
Major + Game Misc.	Interference	8.3 (b)	1 Game	2 Games
Major + Game Misc.	Tripping	8.6 (b)	1 Game	2 Games
Major + Game Misc.	Crosschecking	9.2 (b)	1 Game	2 Games
Major + Game Misc.	Slashing	9.3 (b)	1 Game	2 Games
Major + Game Misc.	Clipping	8.7 (b)	1 Game	2 Games
Major + Game Misc.	Refusing to start play	10.8 (b)	Indefinite	Indefinite
ACCUMULATION SANTIONS				
Player	In addition to the minimum suspension, any player receiving 2 majors in the same season for any of the above infractions		2 Games	
	In addition to the minimum suspension, any player receiving 3 majors in the same season for any of the above infractions		4 Games	
	In addition to the minimum suspension, any player receiving 4 majors in the same season for any of the above infractions		Indefinite suspension pending a hearing	
Coach	Any team receiving a combination equaling 3 major penalties in the same game from a major penalty, match penalty or fighting infraction.		2 Game	

PENALTY	INFRACTION	H.C. Rule	MIN SUSP	Last 10 Min
	For 2 nd violation of a team receiving a combination equaling 3 major penalties in the same game from a major penalty, match penalty or fighting infraction.		4 Game	
Coach	For a 3 rd violation of a team receiving a combination equaling 3 major penalties in the same game from a major penalty, match penalty or fighting infraction.		Indefinite suspension pending a hearing	

Gross Misconducts Situations

PENALTY	INFRACTION	H.C. Rule	MIN SUSP
Gross Misconduct	Any Player refusing to remove facial protector (identification)	10.6 (f)	3 Games
Gross Misconduct	Removing helmet to fight	10.6 (f)	3 Games
Gross Misconduct	Obscene gesture	11.2 (f)	3 Games
Gross Misconduct	Travesty of the game	4.9	3 Games
Gross Misconduct	Head butt by Team Official	7.6 (c)	4 Games
Gross Misconduct	Butt ending by Team Official	9.1 (c)	4 Games
Gross Misconduct	Spearing by Team Official	9.4 (c)	4 Games
Gross Misconduct	Discrimination	11.4	Indefinite suspension pending a hearing (any suspension must be at least 5 games).
ACCUMULATION SANTIONS			
Player	In addition to the minimum suspension, any player who receives a second gross misconduct infraction in the same season (other than 11.4)		5 Games
Player /Team Staff	Any player or team staff who receives two or more Gross Misconducts under Rule 11.4.		Indefinite suspension pending a hearing

Match Penalties Situations

PENALTY	INFRACTION	H.C. Rule	MIN SUSP
Match Penalty	Attempt to injure <ul style="list-style-type: none"> • Butt-Ending • Grabbing Face Mask • Hair Pulling • Kicking • Kneeing • Spearing 	4.10	3 Games
Match Penalty	Spitting	11.3	3 Games
Match Penalty	Deliberate injury	7.1 (c)	Indefinite pending a hearing
Match Penalty	Boarding/ Body Checking	6.2	3 Games
Match Penalty	Charging	7.4 (c)	3 Games
Match Penalty	Checking from behind	7.5 (c)	4 Games
Match Penalty	Head Contact	7.6 (c)	4 Games
Match Penalty	Fighting with ring or tape on hand(s)	7.10 (c)	3 Games
Match Penalty	Slew footing	8.8 (c)	3 Games
Match Penalty	Physical harassment of Officials	11.5	Indefinite suspension pending a hearing
Match Penalty	Second offences of the above three (3) points	4.10	Indefinite pending a hearing
ACCUMULATION SANCTIONS			
Player	In addition to the minimum suspension, a player accumulating 2 Match penalties under 4.10, 7.2, 7.3, 7.4, 11.3 in same season for any of the above infractions		4 Games
Coach	In addition to the minimum suspension, a player accumulating 2 Match penalties under 7.5, 7.6 in same season for any of the above infractions		5 Games
Player	Any player receiving 3 Match penalties for any of the above infractions		Indefinite Suspension pending a hearing

Fighting Situations

PENALTY	INFRACTION	H.C. Rule	MIN SUSP	LAST 10 MIN
	Fighting	7.10		
Major	Fighting Major Penalty First Offence in the season		2 Games	3 Games
	Third player in a fight		3 Games	4 Games
Major	Any Player receiving a Fighting Major penalty, which is the result of a second or subsequent fight during the same stoppage of play		3 Games	4 Games
	Player identified as first to leave the player's' bench during a fight or for fighting		3 Games	4 Games
	Leaving the Penalty Box as above		4 Games	5 Games
	Coach of the team whose player is penalized under the above point		3 Games	4 Games
Minor	Aggressor or Instigator <ul style="list-style-type: none"> • first offence • second offence • third offence 	7.11	1 Games 2 Games 3 Games	
	Pre/Post Game Altercations <ul style="list-style-type: none"> • Any player involved where Majors & Game Misconducts are assessed • Coach of team whose players as so penalized • Any team involved in a pre-or post game brawl 		4 Games 5 Games Indefinite Pending Hearing	
ACCUMULATION SANCTIONS			Min Susp	Last 10 Min
Major + Game Misc.	Fighting (second offence)	7.10	3 Games	4 Games
Major + Game Misc.	Fighting (third offence)		5 Games	6 Games
Major + Game Misc.	Fighting (fourth offence)		Indefinite	Indefinite

* a pre-game altercation is defined as any altercation that occurs prior to the teams lining up on the ice to start the game.

** a post-game altercation is defined as any altercation involving players and/or team officials who coming off the bench at the end of the game of any altercation that was clearly started well after the conclusion of the game.

NOTE: Junior Leagues shall use the Hockey Canada Junior A Supplement for Discipline.

1. Suspensions of six (6) games or less will not be appealable to HNO.
2. Player and Team Official suspensions will be only served through "meaningful" games. A meaningful game is a regular League, exhibition game sanctioned by the branch before the game in which the suspension was earned, play-off (League or Inter-Branch) or sanctioned tournament game.
3. Exhibition games that are scheduled after a suspension occurs and non-sanctioned games shall not be used for the serving of suspensions under any circumstances.
4. Individuals under suspension, other than that assessed for a violation of **Hockey Canada Rule 11.4**, are allowed to participate with their teams, at the discretion of their League or Association, but may not participate in any regular League, play-off, or tournament games, inside or outside the Branch until their suspension has been serviced in its entirety.
5. Any individual who is under suspension by a Hockey Canada Member, League or Association is suspended from all involvement in Hockey Canada activities. Any individual under suspension who does participate in Hockey Canada activities will be subject to discipline by Hockey Canada, HNO or their respective League or Association.
6. Suspensions at one level of hockey apply to ALL levels of hockey within HNO.
7. Suspended individuals must serve their suspension through the team with which they are registered or of which they are the property, unless the individual's team has been eliminated from or is not participating in further play that season and the individual is to remain with the affiliated team for the balance of the season (e.g., affiliated players cannot, except under these circumstances, serve their suspensions with the affiliated teams).
8. Any individual under suspension, other than that assessed for a violation of Hockey Canada Rule 9.6, that has been carried over from a previous season shall not be prohibited from participating in any tryout activities (except sanctioned pre-season exhibition games). The suspension will recommence at 12:01 a.m. the day of the first meaningful game of the team for which the individual is registered.
9. Hockey Canada Regulation O - Discipline of Club, Teams, Players and Officials:
 - a. Any team using a suspended player in play-off, League, exhibition or tournament games shall be liable to immediate suspension.
 - b. Any person responsible for a team having used a suspended player shall also be suspended.
 - c. Any team found guilty of having used any ineligible player in any League, play-off, exhibition or tournament game, shall lose any points earned in any game in which the ineligible player participated. The player and/or team officials shall be liable to further disciplinary action in accordance with Regulation O.
10. HNO's Suspension List has strengthened Rule 4.6 (c) to a mandatory 1 game suspension

Approved by the Board of Directors: August 31, 2022

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regardless of the number of days until the next league/play-off game.