Hockey Northwestern Ontario Proportionate Penalty Pilot – O&A

Q: What is the proportionate penalty pilot in HNO?

A: It is a tiered penalty structure where the length of minor and major penalties is adjusted in proportion to the length of the game periods.

Q: Why is HNO moving to tiered penalties?

A: HNO believes this change will benefit player development by creating more 5-on-5 play, which improves the overall player and parent experience. It also aligns with Hockey Canada's Long-Term Player Development (LTPD) model.

O: How will it work?

Minor Penalties

- 12 minutes or less: 1-minute penalty
- More than 12 but less than 17 minutes: 1 minute 30 seconds
- 17–20 minutes: 2-minute penalty (no change)

Major Penalties

- 12 minutes or less: 3-minute penalty
- More than 12 but less than 17 minutes: 4-minute penalty
- 17–20 minutes: 5-minute penalty (no change)

Misconduct and Game Misconduct Penalties

- Misconducts remain 10 minutes
- Game Misconducts remain a full game
- These are not impacted by the pilot program

Q: Which levels of hockey will this impact?

A: The pilot applies to all U11 and U13 hockey within HNO.

- If a U13 AAA team plays against a U15 AA team, traditional penalties will be used.
- In exhibition games where an HNO team plays a non-HNO team, the proportionate penalty structure applies if it is the HNO team's ice slot.