



Policy Name: Concussion Code of Conduct		Date of Approval: Feb 11, 2023	Effective Date: Feb 11, 2023
Approved by: Board of Directors	Prepared by: Risk & Safety	Replaces Previous Versions: New Policy	
Review Cycle: Annually			
Responsible: Board of Directors-Risk & Safety	Accountable: Board of Directors	Consulted: Board of Directors	Informed: HNO Members

1. CONCUSSION CODE OF CONDUCT

1. Under Rowan's Law, HNO will ask you to confirm that you have reviewed one of the Concussion Awareness Resources in this website www.Ontario.ca/concussions before you can register/participate in a sport.

2. IN RECOGNITION OF THE POTENTIAL SERIOUSNESS OF A CONCUSSION

Parents, Guardians, Players, Coaches, Safety Persons and On-Ice Officials are required to:

- 2.1 Give commitment to fair play and respect for all.
- 2.2 Give commitment to recognizing a concussion or possible concussion and the reporting to a designated person when an individual suspect that another individual may have sustained a concussion.
- 2.3 Give commitment to supporting the Return to Play Protocol.
- 2.4 Give commitment to sharing any pertinent information regarding incidents of a removal from sport with the Player's school and other sport organization with which the player has registered.
- 2.5 Commit to zero-tolerance for prohibited play that is considered high-risk for causing concussions.
- 2.6 Be familiar with rules and regulations for prohibited play that is considered high-risk for causing concussions.
- 2.7 Acknowledgment of escalating consequences for those who repeatedly violate the concussion code of conduct.
- 2.8 Give commitment to providing opportunities before and after each training, practice and competition to enable participants to discuss potential issues related to concussions.
- 2.9 Annually review concussion education and resource materials that are provided, below.
- 2.10 Sign off on the Review of the Concussion Awareness Resource receipt. <https://files.ontario.ca/rowans-law-receipt-en-2019-05-08.docx> annually.
- 2.11 Support a zero tolerance for behaviours that are associated for high risk of causing concussions.
- 2.12 Respond appropriately with Return to Play protocols if a participant is experiencing concussion related symptoms or if you suspect any participant has sustained a concussion.
- 2.13 Respect the roles and responsibilities of all coaches and officials in Return to Play protocol.

2.14 Maintain an open dialogue with all athletes and participants (and parents/guardians in cases of minors) about their health and any signs and symptoms of concussion they may experience.

2.15 Complete Injury Report Forms in a timely manner and ensure they are submitted to the Member.

3. Concussion awareness resources

<https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>

4. Concussion awareness resources will be available in the following three formats:

- e-booklet
- video
- e-module

4.1 Under Rowan's Law, if your sport organization has requested it, you will need to review one format each year. All three formats contain similar information. Choose the format that suits your learning style. Currently, only the e-booklet is available for your review.

5. Government of Ontario Concussion Awareness Resource E-Booklet

5.1 This e-booklet will help you learn more about concussions so you can keep yourself and others active and safe — whether you're an athlete, student, parent, coach, official or educator.

5.2 You can download and print a copy for reference.

• Ages 10 and Under

• Ages 11-14

• Ages 15 and Up