

Policy Name: Hockey Canada's Anti Doping and Doping Control Program				Date of Approval: Feb 11, 2023		Effective Date: Feb 11, 2023
<b>Approved by:</b> Endorsed by Board of Di	Prepared by: Risk & Safety Committee			Replaces Previous Versions: New Policy		
Review Cycle: Updated when Hockey Canada updated policy						
Responsible: Board of Directors	Accour Board o	ntable: of Directors	Consulted: Board of Directors			Informed: HNO Members

## **Preamble**

As a member of Hockey Canada, Hockey Northwestern Ontario (HNO) follows Hockey Canada's Anti-Doping and Doping Control program as described below.

Canadian Anti-Doping Program (CADP)

As a member of Hockey Canada, the Canadian Anti-Doping Program (CADP) applies to you. It is important to know that by participating in activities sanctioned by Hockey Canada, you are subject to the CADP and, accordingly, may be selected for doping control.

The Canadian Centre for Ethics in Sport (CCES) is the custodian of the Canadian Anti-Doping Program, which governs anti-doping in Canada. The CADP consists of several components, such as in- and out of-competition testing, education, medical exemptions and the consequences of doping violations. The CADP is compliant with the World Anti-Doping Code and all international standards. Hockey Canada has adopted the CADP, which means that you can be confident that you are part of a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field.

While the CCES administers anti-doping for the Canadian sport community, you may also be subject to the rules of the International Ice Hockey Federation. CLICK HERE to learn more about IIHF anti-doping policies and procedures.

The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

# **Doping Control**

- Review the sample collection procedures.
- Know your anti-doping rights and responsibilities.
- Always comply with a testing request if you are notified for doping control.

#### **Prohibited Substances & Methods**

- Check all medications and products before taking them to ensure they do not contain ingredients that are banned in sport.
- Verify your medical exemption requirements.
- Learn about the doping risks associated with supplement use and how to minimize them.

#### News

- Sign up to receive CCES media releases and advisory notes
- Follow the CCES on Facebook and Twitter.

# **Report Doping**

• Call 1-800-710-CCES or fill in the online form.

#### **Additional Resources and Information**

- Read more about the Canadian Anti-Doping Program.
- The World Anti-Doping Agency works towards a vision of a world where all athletes compete in a doping-free sporting environment.
- Become a member of the True Sport Movement, based on the simple idea that good sport can make a great difference.

## Contact

Email: info@cces.caCall: 1-800-672-7775

• Online: cces.ca/athletezone

Canadian Anti-Doping Program (CADP) (hockeycanada.ca)